

Town of St. Anthony, Newfoundland and Labrador

Proclamation

Dietitians of Canada NUTRITION MONTH

More than food: How you eat is important too!

MARCH 2020

WHEREAS

The goal of Nutrition Month is to encourage all Canadians to eat well;

AND WHEREAS

Dietitians are a trusted source of credible nutrition information and are launching a campaign to help consumers make healthier food choices and engage in healthy behaviours, like eating with others;

AND WHEREAS

Canadians are interested in healthy eating and want information to help them achieve this goal - dietitians offer nutrition resources on the Dietitians of Canada website – www.unlockfood.ca

NOW, THEREFORE, I, Krista Howell, Mayor of the Town of St. Anthony, Newfoundland and Labrador, DO HEREBY PROCLAIM the month of March 2020, NUTRITION MONTH in the Town of St. Anthony, Newfoundland and Labrador.



Mayor, St. Anthony, NL.